

create
the great
in you →

ENHANCE
YOUR
WELLBEING

‘if in your head you can
The most creative thing
we can do is talk’

CONCEIVE

and in your heart you can

BELIEVE

then in your life you will

ACHIEVE’

3C
THINKING

COMMUNICATION

COLLABORATION

CREATIVITY

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Create the Great in You

A mentoring organisation that is passionate about promoting wellbeing and self-development. Our vision is to educate and empower individuals, groups and organisations to achieve their potential through participation in wellbeing and self-development programmes, designed to equip participants with the resources they need to cope with life's challenges.

Our Mentoring Programmes are built on "3C Thinking"
Communication, Collaboration and Creativity.

WORKSHOPS & METHODS

Our team has worked with secondary school students, community, voluntary and charitable organisations, sports players and teams, and employees within businesses to address specific challenges faced by each organisation and its members.

Plans and Options:

- Option 1: One-off Workshops
- Option 2: Introduction to 3C Thinking: Half Day Workshop
- Option 3: 3C Thinking & Motivational Learning 2 Day Workshop
- Option 4: 3C Thinking & Mentoring Workshops, 4 X 2 hour sessions,
- Option 5: 6 X 2 hour sessions.

Modules:

- Magic Workshop
- Communication Workshop
- Collaboration
- Creativity Workshop
- Mentoring Workshop
- Resilience
- Leadership
- Wellbeing

TESTIMONIAL

Mr John Lonergan



John is the Former Governor for Mountjoy Prison in Dublin. John first met and became a supporter of our founder, Mark McCormack in 2015. Mark interviewed Mr Lonergan as part of his final year research project in Dundalk Institute of Technology. In 2017 he attended a graduation of students from O' Fiaich College, where Mark piloted his first programme. John spoke to the students on the topic of peer groups and making the right choices and commended Mark and his team for their hard work in getting Create the Great in You Ltd established. John stated there are many people with ideas but few follow through with their dreams.

WHAT WE DO

Develop Interpersonal Skills - Build Resilience - Engage Emotional Intelligence

